

## Lap Band Goals

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The intended goal of weight loss for those having undergone Lap Band surgery is from one to three pounds a week.

Adjustments to the band, which are performed during simple outpatient visits, are related to the individual's weight loss, the amount of food that can be comfortably eaten and other matters that involve the patient's health. Among the Lap Band Benefits is that patients feel an earlier sensation of fullness and are very satisfied with less amounts of food, while still receiving the nutrition they need.