

## Lap Band Adjusting

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In looking into the Lap Band surgery details, , people will find that one of the many advantages to the Lap Band procedure unlike some other gastric bypass operations is that the band is adjustable by having a short office visit.

Having the band adjusted at a later time in the doctor's office allows the person seeking to lose weight to deflate or inflate the band as needed to be able to control the amount of food consumed.

When a patient needs to have the lap band adjusted, it can be done through a simple procedure.

During that office visit, a saline solution is inserted into the Lap Band itself. The surgeon does this by easily inserting a saline-filled needle into the skin and then into the reservoir section of the Lap Band. This adjustment can also be performed for women who look to become pregnant or individuals who wish to lose more pounds.

Each individual who has Lap Band surgery needs to remember that there is no guarantee of weight loss and they must adhere to dietary recommendations and follow up as instructed.

Being active and exercising will also assist the person with their weight loss goals.